

Luis Espinosa aka Sweet-Lu, a world renowned Break Dancer and part of the elite B- Boy World team which consist of the top ten break dancers in the USA competing all over the world. Specializing in the elements such as power moves and flow most importantly, bringing out the creativity and confidence in your character. Allowing you to freely express your art form of this dance. Teaching for 9 years Luis has a unique way of instruction training and stretching the body so that your process of physical and mental knowledge can excel your levels at a faster pace. Understanding and gaining control of your body, allowing your skills to surpass your limits. Luis is also the founder of United Outkast Break dance Crew winning their first international competition within the first 2 years of dancing together. Being passionate about his art he is also the founder of a youth break dance crew "Battle Toadz" training children from 6yrs to 15yrs old voluntarily just because the kids have the desire to dance and learn the art of "b-boying". Luis will also will be featured in the epic dance movie "Step up 3d" along with his crew United Outkast battling the main characters of the movie. You can catch him doing his incredible power moves such as air-flares throughout an entire music video by the world famous hip hop artist The Roots "Rising up"! Loving, living and breathing this art of b-boying Luis gives his all! His motto is "a true teacher can teach his student to teach themselves and others." come and experience an indescribable feeling of freeing your mind, body and soul making the impossible possible bringing your body to places it hasn't been before.